



Make Every Minute
Meaningful

What a fantastic start to the new year! Your children have returned with an enthusiasm for learning and have been showcasing excellent progress across the curriculum. They've been enjoying books such as The Enormous Turnip, Supertato and A Walk in London.

The 'Quiet Castle' has been open at lunch times and has been a huge hit! Children are enjoying having the option to read a book for pleasure and/or expressing themselves in the creative corner.

This month, we have the school chicks arriving in year 2 so keep a look out for some egg-citing chick updates!

Best wishes,
Mrs Webb and Mrs Pinto



February

W/C 3rd February - Parent Meetings (invite and request only)

Tuesday 11th February - Safer Internet Day

Wednesday 12th February - Year R Stay and Play

Thursday 13th February - Year 1 and 2 Police Assembly

Friday 14th February - Last Day of School

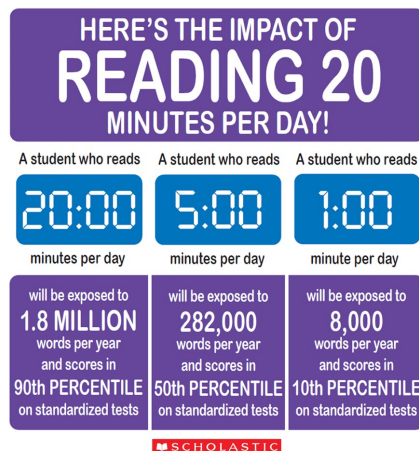
Monday 17th February - Friday 21st February - Half Term

W/C 24th February - British Values Week

2025

FEBRUARY

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Reading At Home

We would like to say thank you for the fantastic engagement we are seeing in your children's reading records and, therefore, the brilliant progress we are seeing in class!

Reading is a fundamental skill that not only allows children to access the wider curriculum, but also helps them to develop crucial empathy skills, improves focus and memory and vastly improves their communication.

Please continue to record your reads in your child's reading record books - even if it a book you have chosen to select together for fun. We love hearing about books that have caught their interest to help shape our library and outdoor reading area!

Safer
Internet
Day 2025 | Tuesday
11 February

positively. Whether you are a parent, grandparent, foster carer, aunt, uncle or older sibling - we can all play a role in empowering children to enjoy their time online!

This year, the UK Safer Internet Centre is particularly focusing on the role of images and videos in young people's lives and has provided some conversation starters to help you talk about these issues with children.

Safer Internet Day is a fantastic opportunity to have a conversation with children about using the internet safely, responsibly and

Conversation starter ideas

- 1 Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
- 2 Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
- 3 Ask them if they know where to go for help, where to find the safety advice, privacy settings and [how to report](#) or block on the services they use.
- 4 Encourage them to help. Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
- 5 Think about how you use the internet as a family. What could you do to get more out of the internet together and further enjoy your lives online?



Local Services

Take a look at the **Get Togethers** and other events being run this February by the **Hampshire Parent Carer Network**.

Our Get Togethers: Pop in for a cuppa and a chat with other parent carers who get it. Run by parent representatives, for parent carers - no pressure, just understanding. We invite services such as SENDIASS and others along to offer individual support and advice when you need it.

Making Change Happen: We gather feedback from our Get Togethers and other parent carer interactions to share in our meetings with Health, Hampshire County Council, and Social Care services. This ensures your experiences help shape how services work for families like yours.



Future in Mind



Future in Mind - Presents a Face to Face workshop with Viv Dawes



**Thursday 13th February
2025
11-1pm**

**At : Hanger Farm Arts
Centre , SO40 8FT**



Book tickets via our ticket tailor :
<https://www.tickettailor.com/events/hpcn>
if you have any questions please contact :
FIM@hpcn.org.uk



Viv Dawes has 25 years of experience providing neuro affirming services to neurodivergent people, parent carers, and young people. As a late-diagnosed autistic and ADHD individual, Viv is the author of several books, including two focused on autistic burnout. Viv is passionate about promoting neurodiversity acceptance and helping families and young people better understand and navigate neurodivergent experiences.

February 2025

Get Togethers



Our Get Togethers are for parent carers of children and young people (0-25 years old) with any additional needs (diagnosis not needed).

What we offer: To Share experiences, discuss local issues and enjoy a cuppa with other parents at our non-judgemental, friendly, and relaxed sessions!



6th February, 10am: Fleet - Fleet Town Football Club, Crookham Road, Fleet Hampshire GU51 5FA -



11th February, 10am: Eastleigh - St Francis Hall, Nightingale Avenue SO50 9JH



12th February, 10am : Basingstoke - The Viabes Craft Centre, 19 The Harrow Way, Basingstoke RG22 4BJ



25th February 8pm: Evening Zoom - Meeting ID: 890 6612 2644
Passcode: GT



28th February , 10am: Alresford - The Swan Hotel, 11 West Street, Alresford, SO24 9AD - **SENDIASS ATTENDING**

**HAMPSHIRE
PARENT CARER
NETWORK**



**Hampshire
SENDIASS**

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HAMPSHIRE
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Hampshire SENDIASS at HPCN Get Togethers in 2025

Hampshire SENDIASS have agreed to join several HPCN Get Togethers across Hampshire in 2025. These sessions provide a supportive environment for parent peer support while SENDIASS offer:

- Confidential, impartial information, advice, and support on SEND-related issues.
- 1:1 guidance tailored to your personal journey, with real-time advice to support your young person (ages 0-25).

If you'd like to have a 1:1 conversation with SENDIASS, they'll be available at the following sessions:

- **09/01/2025, 10am – Fleet Get Together** - Fleet Town Football Club, Fleet Hampshire GU51 5FA
- **23/01/2025, 12pm – Lunchtime Online Get Together** - Zoom meeting ID: 835 1332 0196 Passcode: GT
- **28/02/2025, 10am – Alresford Get Together** - The Swan Hotel, 11 West Street Alresford, SO24 9AD
- **19/03/2025, 10am – Winchester Get Together** - Badger Farm Community Centre, Winchester, SO22 4QB
- **03/04/2025, 10am – Fleet Get Together** - Fleet Town Football Club, Fleet Hampshire GU51 5FA
- **22/05/2025, 12pm – Lunchtime Online Get Together** - Zoom meeting ID: 835 1332 0196 Passcode: GT
- **11/06/2025, 10am – Basingstoke Get Together** - The Viabes Craft Centre, Basingstoke RG22 4BJ
- **10/07/2025, 10.30am – East Hants (Alton) Get Together** - Alton community centre Alton GU34 1HN



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☀️ February 2025 ☀️

These sessions are to give parent carers of young people 14-25 years, access to information to support their young person during transitions

- ✓ 7th Feb 7-8pm - Mindfulness - Meditation skills **with a Mental health wellbeing Practitioner**
- ✓ 11th Feb, 11.30-1pm - Transitions **with IPSEA**  **IPSEA**
- ✓ 13th Feb - 7-8pm - Mindfulness, **with Solent Trust Practitioner**
- ✓ 24th Feb, 1-2pm - Post 16 sexual health concerns - **with Solent Trust**
- ✓ 25th Feb, 1-2pm - Information session **with Sunshine Support** 
- ✓ 26th Feb, 1-2pm - Information Session **with KOOOTH** - 
- ✓ 27th Feb, 6-7pm - Send Employability Post 16 Options - **with HCC**
- ✓ 28th Feb, 7-8pm - Mindfulness - **with a Mental health wellbeing Practitioner**

Please book tickets here

<https://www.tickettailor.com/events/hpcn>

